Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Exercise #2:

**Thinking back to what you enjoyed doing during your favourite childhood age: Ask yourselves who was there to guide you that makes the activity so fun? What did they do that made it so fun and memorable?** *(Was it your mother taking you to the park to play on the slide when you were 2? Was it your father who played soccer with you out in the backyard when you were 5? Was it your teacher who showed you how high and far he could kick a ball when you were 10?* ***How did they inspire you?****)*

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