



Where does your family shop for food and groceries? Please check all that apply:

grocery store (Safeway, Superstore, Save-On-Foods, etc.)

independent grocery store (Donald's, T&T, Chong Lee, etc.)

corner store

farmers market

farm

other:

I get my food and health information from the following. Please check all that apply:

TV

radio

internet

magazines

newspaper

health professionals (nurse, doctor, etc.)

teachers

family and friends

other:

Do you have any food allergies or intolerances?      Yes      No

If yes, please state:

Do you have a special food belief or diet (e.g. vegetarian, kosher, etc.)?    Yes      No

If yes, please state: