First Day:

What made you want to come back? How did the leaders show that they cared for you?

Is it because Barb gave you a questionnaire that asked you how familiar you are with certain foods?

Is it even before the first day when you were asked on the application form about what kinds of foods do you like? What kinds of foods you are allergic to?

Is it because everyone around you has a nametag on, so just in case you look at someone you don’t know at least that sticker tells you what their name is?

Is it because you made at least one friend on the first day so that you don’t feel alone in a brand new environment?

Now holding onto that thought, imagine yourself standing in front of a group of people who feels exactly the same feelings you are feeling now? How do you make them feel reassured...excited?

How many things do you have to do to make sure everyone feels that you care for them and feel safe?

Now open your eyes and talk amongst your group members and create the first part of your plan for day 1.